

## Saturday, May 6, 2023

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### Rajyoga Meditation

Date and Time: Saturday, May 6 2:00 pm - 3:30 pm

Address: 237 Victoria Street, K8A 4K5 Pembroke

Want to learn some meditation techniques to help you lead a stress-free life, and anger management skills? Come to Pembroke Public Library for our weekly series of virtual meditation sessions. This is free and open to all adults. Please call 613-732-8844 to register for the sessions you're interested in.

## Thursday, May 11, 2023

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### Legends Tribute to Motown, Elvis, Connie Francis and Roy Orbison

Date and Time: Thursday, May 11 7:30 pm

Address: 401 Isabella St., Pembroke, ON K8A 5N6

Catch tributes to Roy Orbison, Connie Francis, Motown, & Elvis Presley, all at Festival Hall on May 11 at 7:30 p.m.!

"Legends Show" brings you some of North America's most exciting performers live on stage. Accompanied by the "Rockin' Royals Band", this show will feature the most incredible Tributes to Roy Orbison, Connie Francis, Elvis Presley, and Motown.

Performing as Roy Orbison, Jesse Aron, who hails from the State of Wisconsin, is recognized as one of USA's top Roy Orbison Tribute performers. With his effortless voice and uncanny resemblance to Roy, Jesse will take you back in time with such hits as 'Crying', 'Pretty Woman', 'Only The Lonely', 'Running Scared', and many more of your favourites.

Canada's Tribute Queen, Amberley Beatty, returns to the stage with her truly remarkable Tribute to American Pop Singing Icon, Connie Francis. Idolized by millions of fans around the world, Francis is best known for her hits such as 'Where the Boys Are', 'Who's Sorry Now', 'Your Cheatin' Heart', 'Stupid Cupid', 'Lipstick on Your Collar'.

The stars of "Motown Soul", Cathy and Marlene known as The Tonettes, have been blessed with power, sensitivity, and vocal energy. This sensational trio will be performing a variety of songs from the music of Diana Ross and The Supremes, Aretha Franklin and many others. A performance not to be missed.

Pete Paquette is a world-class Elvis Tribute Artist and highly regarded as one of the top Elvis performers in the business today. Known for captivating his audiences through his incredible voice, high energy, charisma, and playful spontaneity with his audiences, this multi-award winning performer will leave you wanting more.

Promo Video: <https://www.youtube.com/watch?v=granK9A4fxg>

\$53.00 plus HST and ticketing fee.

## Friday, May 12, 2023

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### Pembroke Community Expo

Date and Time: Friday, May 12 4:00 pm - 8:00 pm

Address: Pembroke Memorial Centre, 393 Pembroke St. W., Pembroke, ON

The Pembroke Community Expo returns to the Pembroke Memorial Centre this spring!

Join us May 12 from 4-8 p.m. and May 13 from 10 a.m.-3 p.m. to get a glimpse of all our community has to offer! Meet and connect with vendors, clubs and organizations, service providers, restaurants, and more from the region. Plus, EcoPembroke will have a collection of environmentally-friendly and environmentally-conscious businesses, resources, and workshops to enjoy. Also, enjoy live entertainment and informative workshops all exp o long. The best part - it's completely free to attend!

We have great prizes for you to win, just by showing up! Come to the event for your chance to win amazing prizes from local businesses.

Interested in having a booth at this year's event? [Fill out the form](#) or contact the Pembroke Business Improvement Area at 613-629-5555 or [pbia@downtownpembroke.ca](mailto:pbia@downtownpembroke.ca). Registration is free for non-profit organizations.

The Pembroke Community Expo is hosted by The City of Pembroke, the Pembroke Business Improvement Area, and EcoPembroke and is made possible with the support of Integrated Health Centre, The Home Depot, OWL Rafting, and Chartwell Retirement Residences.

## Saturday, May 13, 2023

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### Pembroke Community Expo

Date and Time: Saturday, May 13 10:00 am - 3:00 pm

Address: Pembroke Memorial Centre, 393 Pembroke St. W., Pembroke, ON

The Pembroke Community Expo returns to the Pembroke Memorial Centre this spring!

Join us May 12 from 4-8 p.m. and May 13 from 10 a.m.-3 p.m. to get a glimpse of all our community has to offer! Meet and connect with vendors, clubs and organizations, service providers, restaurants, and more from the region. Plus, EcoPembroke will have a collection of environmentally-friendly and environmentally-conscious businesses, resources, and workshops to enjoy. Also, enjoy live entertainment and informative workshops all exp o long. The best part - it's completely free to attend!

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## **Rajyoga Meditation**

Date and Time: Saturday, May 13 2:00 pm - 3:30 pm

Address: 237 Victoria Street, K8A 4K5 Pembroke

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## **Wednesday, May 17, 2023**

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### **Vegetable Gardening for Beginners**

Date and Time: Wednesday, May 17 2:00 pm - 3:00 pm

Address: 237 Victoria Street

With the rising prices of groceries, we are sure many of you are tempted to grow your own greens. Don't know where to start or what to do? Attend this free workshop by Foodyard that'll be hosted at the Library. It's free and open to adults and younger ones who want to learn. We just ask that you call 613-732-8844 ext. 2 to register.

### **Casual Choir**

Date and Time: Wednesday, May 17 6:15 pm - 7:15 pm

Address: 237 Victoria Street, K8A 4K5 Pembroke

Looking to have some fun, singing in a big group? Casual Choir is the group for you! No commitments necessary, no auditions. Call 613-732-8844 to register for our next sing-song!

## **Saturday, May 20, 2023**

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### **Beginner Watercolour Lessons with Juanita Dojczman**

Date and Time: Saturday, May 20 10:30 am - 12:30 pm

Address: 237 Victoria Street, K8A 4K5 Pembroke

The talented Juanita Dojczman will teach participants how to draw and paint a hand portrait. Cost is \$25 per person. Call 613-732-8844 to register.

## Rajyoga Meditation

Date and Time: Saturday, May 20 2:00 pm - 3:30 pm

Address: 237 Victoria Street, K8A 4K5 Pembroke

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## Saturday, May 27, 2023

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### Walk for Her - Yard Sale

Date and Time: Saturday, May 27 8:00 am - 1:00 pm

Address: 1348 Pembroke St W

Yard sale for Walk for Her, fundraiser!

Community Healthcare Challenge held at Lavallee Health Centre.

Multi family, lots of items! Everything from books to furniture, lemonade stand. 100% donated to PRHF

### 3rd Annual Jim Sloan Ball Hockey Tournament

Date and Time: Saturday, May 27 9:00 am

Address: 391 Pembroke Street West

The City of Pembroke's Parks & Recreation Department is proud to announce it has partnered with Bogie's Bar yet again to host the Jim Sloan Memorial Ball Hockey Tournament. The tournament will be held at the Pembroke Memorial Centre on May 27<sup>th</sup>, 2023.

Jim Sloan's impact on the community cannot be overstated. He was instrumental in the establishment of Bogie's Bar at the Pembroke Memorial Centre, served on numerous committees, helped to organize many community functions and causes, and when he wasn't volunteering, served a long tenure with the Pembroke Police. Jim always wanted to recognize the work of others but never sought recognition himself. After a lengthy illness, Jim passed away in 2018 and left behind a remarkable legacy. There is no one more fitting to be the namesake of this tournament.

The tournament will feature two main divisions, a children's division for those ages 13 and under, and an open division for ages 14 and up. The format will begin with a round-robin followed by a knockout round and each game will be twenty minutes of 4-on-4 plus goalies with a maximum of 6 players per team. Registration for Adults (14 years and over) \$125 per team / Kids (13 years and under) \$75 per team. Each team is guaranteed three games. Each team will be competing to win the Hockey Town Cup, celebrating Pembroke's hockey history and heritage.

We are pleased to announce that all proceeds from the tournament will go to BGC Pembroke to support local youth sports initiatives. Jim served on the board of the Boys & Girls Club of Pembroke for years and always had

a passion for local sports and the development of youth in athletics.

To register your team email [recreation@pembroke.ca](mailto:recreation@pembroke.ca) with the subject line as “Ball Hockey” and include your player names and ages. The registration with full payment is due prior to May 16<sup>th</sup>, 2023. Payment can be made in-person at the Parks and Recreation Department in the PMC or over the phone 613-735-6821 ext. 1501.

## Cooking Demo with Stacy Taylor of Little Things Canning Company

Date and Time: Saturday, May 27 2:00 pm - 3:00 pm

Address: 237 Victoria Street, K8A 4K5 Pembroke

Stacy Taylor, owner of Little Things Canning Company, will run an awesome cooking demo at the Library, as part of our buildup towards the Multicultural Festival! Don't miss this delicious event. Call 613-732-8844 to register.

## Tuesday, May 30, 2023

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### Adult Horseshoe Registration

Date and Time: Tuesday, May 30 6:30 pm - 7:30 pm

Address: 961 Pembroke Street West

Come down to Riverside Park to register for Adult Horseshoes on May 30 and 31st from 6:30 p.m. - 7:30 p.m. !

Cost is \$19.50 for 6 nights, with a minimum of 24 games played. Payment must be made at sign-up.

Contact Lawrence Neuman at 613-735-4545 or Barry Groskleg at 613-639-3669.

## Wednesday, May 31, 2023

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### Adult Horseshoe Registration

Date and Time: Wednesday, May 31 6:30 pm - 7:30 pm

Address: 961 Pembroke Street West

Come down to Riverside Park to register for Adult Horseshoes on May 30 and 31st from 6:30 p.m. - 7:30 p.m. !

Cost is \$19.50 for 6 nights, with a minimum of 24 games played. Payment must be made at sign-up.

Contact Lawrence Neuman at 613-735-4545 or Barry Groskleg at 613-639-3669.