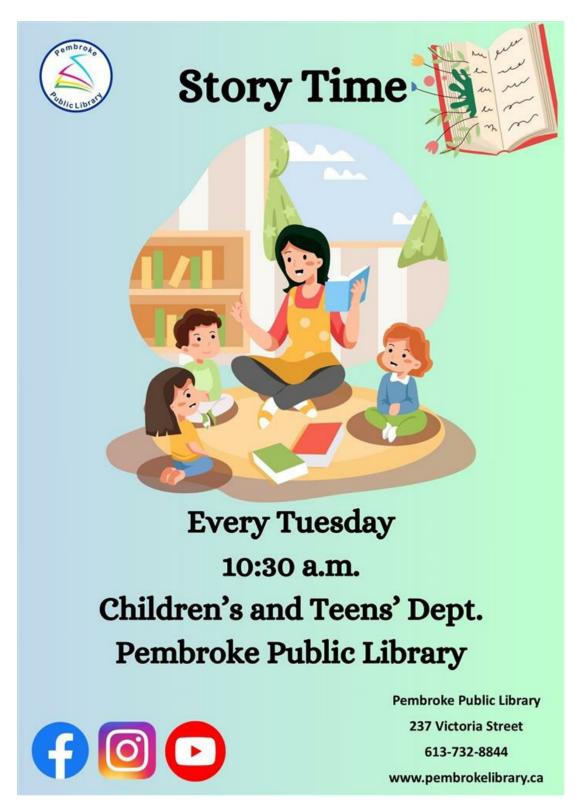
Tuesday, October 1, 2024

Story Time

Date and Time: Tuesday, October 1 10:30 am - 11:00 am



Wednesday, October 2, 2024

Pembroke Farmers' Market

Date and Time: Wednesday, October 2 9:00 am - 1:00 pm

Address: Corner of Lake Street and Victoria Street

The Pembroke Farmers' Market is the place to buy food and other products directly from local producers who are eager to provide the freshness and quality you expect.

You'll find all sorts of locally-produced foods – from fruits and vegetables to meats, baked goods, honey, preserves and gluten-free mixes. If you're looking for handcrafted products, the market's artisans offer clothing, jewellery, soaps and sk in care products, furniture, and more. Arts and craft vendors excel with one-of-a-kind creations that are whimsical, functional, and unique.

Produce is locally grown and picked fresh for the market morning. Some of the best bakers and food vendors in the Otta wa Valley showcase their tasty wares prepared with care for your table. Our bakers also keep your special dietary needs in mind – the market has a regular supply of gluten-free, sugar-free, low-sodium, yeast-free, and dairy-free products. Visit t he meat market for an assortment of fresh local cuts for your barbecue, or a custom freezer order of beef, pork, chicken, or sausage.

To register as a vendor, provide volunteer assistance, provide live entertainment, or for more information, please contact the Pembroke Farmers' Market.

More information can be found on the Pembroke Farmers' Market website.

Public Skate - Adult/Senior

Date and Time: Wednesday, October 2 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10

Children (5-12) \$15.75

Public Skate - Parents and Tot's Session

Date and Time: Wednesday, October 2 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Chair Yoga

Date and Time: Wednesday, October 2 11:00 am - 12:00 pm

Address: 393 Pembroke Street West

White Pine Yoga teaches chair yoga in an inclusive way for all skill and mobility levels to enjoy. All movements will be done while seated in chairs and will be gentle and safe. Beginners are welcome!

Chair Yoga will take place once again on Wednesday's at 11:00 a.m at the PMC. Registration is required.

Session 1: September 25th - October 30th

Session 2: November 6th - December 11th

Mastering Business Finances Lunch and Learn Series

Date and Time: Wednesday, October 2 12:00 pm - 1:00 pm

Address: 1 Pembroke St. E.

Boost your business financial skills with our lunch and learn series!

The City of Pembroke and Renfrew County Community Futures Development Corporation are excited to invite local bu siness owners and managers to an insightful lunch and learn series designed for businesses aiming to enhance their financial acumen.

Session 1: Budgeting for Success

☐ *Monday, September 9*

Learn how to set realistic financial goals, track expenses, and adjust your budget to stay on course.

Session 2: Mastering Cash Flow

☐ Wednesday, October 2

Discover key principles of cash flow management, forecasting, and how to ensure your business has the liquidity it needs

Session 3: Navigating Financial Statements

☐ Tuesday, October 29

Gain a deeper understanding of financial statements to make informed decisions about your business's financial health.

Learn from financial expert Mike Thompson, Community Futures Business Development Officer.

Location: Council Chambers at Pembroke City Hall (1 Pembroke St. E.)

Time: 12-1 p.m.

Cost: FREE! Bring your own lunch and enjoy learning and networking.

Don't miss out on this valuable opportunity to gain insights that can help your business thrive! While each session builds on the last, you can still benefit from attending any of them.

Register today and take your business's financial skills to the next level!

Thursday, October 3, 2024

English Conversation Group

Date and Time: Thursday, October 3 12:30 pm - 1:30 pm



ENGLISH CONVERSATION GROUP

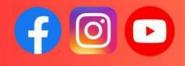


Are you a newcomer in Canada? Would you like to practise and improve your English speaking skills?

Join our FREE program at Pembroke Public Library.

We have lovely volunteers to help guide you.

Every Thursday 12:30 - 1:30 p.m.



Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Friday, October 4, 2024

Public Skate - Adult/Senior

Date and Time: Friday, October 4 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Friday, October 4 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Saturday, October 5, 2024

Pembroke Farmers' Market

Date and Time: Saturday, October 5 9:00 am - 1:00 pm

Address: Corner of Lake Street and Victoria Street

The Pembroke Farmers' Market is the place to buy food and other products directly from local producers who are eager t o provide the freshness and quality you expect.

You'll find all sorts of locally-produced foods – from fruits and vegetables to meats, baked goods, honey, preserves and gluten-free mixes. If you're looking for handcrafted products, the market's artisans offer clothing, jewellery, soaps and sk in care products, furniture, and more. Arts and craft vendors excel with one-of-a-kind creations that are whimsical, functional, and unique.

Produce is locally grown and picked fresh for the market morning. Some of the best bakers and food vendors in the Otta wa Valley showcase their tasty wares prepared with care for your table. Our bakers also keep your special dietary needs in mind – the market has a regular supply of gluten-free, sugar-free, low-sodium, yeast-free, and dairy-free products. Visit t he meat market for an assortment of fresh local cuts for your barbecue, or a custom freezer order of beef, pork, chicken, or sausage.

To register as a vendor, provide volunteer assistance, provide live entertainment, or for more information, please contact the Pembroke Farmers' Market.

More information can be found on the Pembroke Farmers' Market website.

ASL for Beginners

Date and Time: Saturday, October 5 10:30 am - 11:30 am



(for beginners)



Saturday, October 5th, 2024 10:30 - 11:30 a.m. Meeting Room

Call 613-732-8844 to register or email programs@pembrokelibrary.ca



Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Photography in the Park

Date and Time: Saturday, October 5 1:00 pm - 3:00 pm

Address: 393 Pembroke Street West

Snap into Fall!

Join the City of Pembroke's Fall Photography Club for five exciting sessions exploring local parks while learning the bas ics of photography! Each session will begin with a beginner-friendly lesson from photographer Carrie Watson, followed by an open session with Carrie available to answer any questions.

Don't worry if you don't have a camera! There will be DSLR Camera's available for use for all club members to be able to learn the skill! Just make sure to bring your own SD card if you want to keep the photos!

Registration can be done online or in person at the Parks and Recreation Office.

For more information, visit Fall Photography Club - City of Pembroke

Photography in the Park

Date and Time: Saturday, October 5 1:00 pm - 3:00 pm

Address: 393 Pembroke Street West

Snap into Fall!

Join the City of Pembroke's Fall Photography Club for five exciting sessions exploring local parks while learning the bas ics of photography! Each session will begin with a beginner-friendly lesson from photographer Carrie Watson, followed by an open session with Carrie available to answer any questions.

Don't worry if you don't have a camera! There will be DSLR Camera's available for use for all club members to be able to learn the skill! Just make sure to bring your own SD card if you want to keep the photos!

Registration can be done online or in person at the Parks and Recreation Office.

For more information, visit Fall Photography Club - City of Pembroke

Spooky Movie Night

Date and Time: Saturday, October 5 6:30 pm - 10:30 pm

Address: 199 Forest Lea Rd, Pembroke ON K8A6W6 ·

It's Back!

The City of Pembroke and The Township of Laurentian Valley teamed up once again to present the 5th Annual Spooky M ovie Night at the Skylight Drive-In!

Tickets are required. For more information, visit Spooky Movie Night - City of Pembroke

Monday, October 7, 2024

Public Skate - Adult/Senior

Date and Time: Monday, October 7 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Monday, October 7 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Movie Mondays (18+)

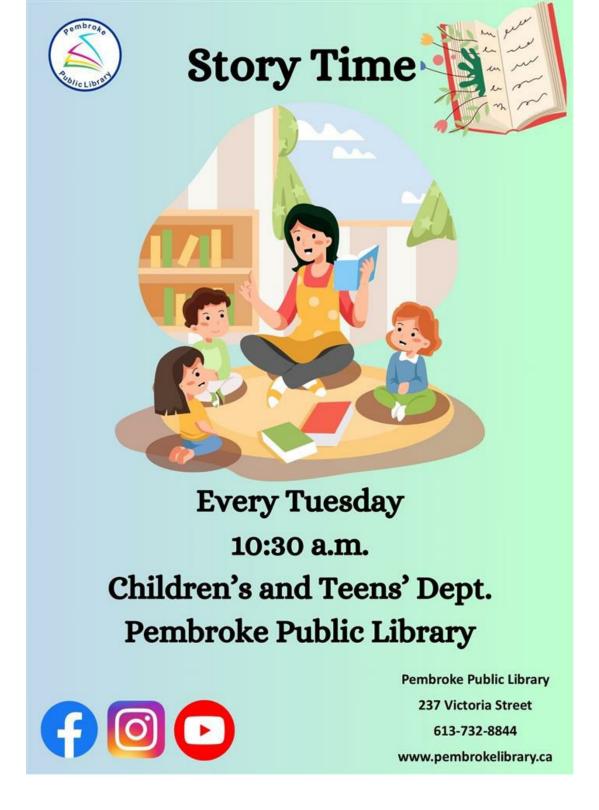
Date and Time: Monday, October 7 6:00 pm - 7:30 pm



Tuesday, October 8, 2024

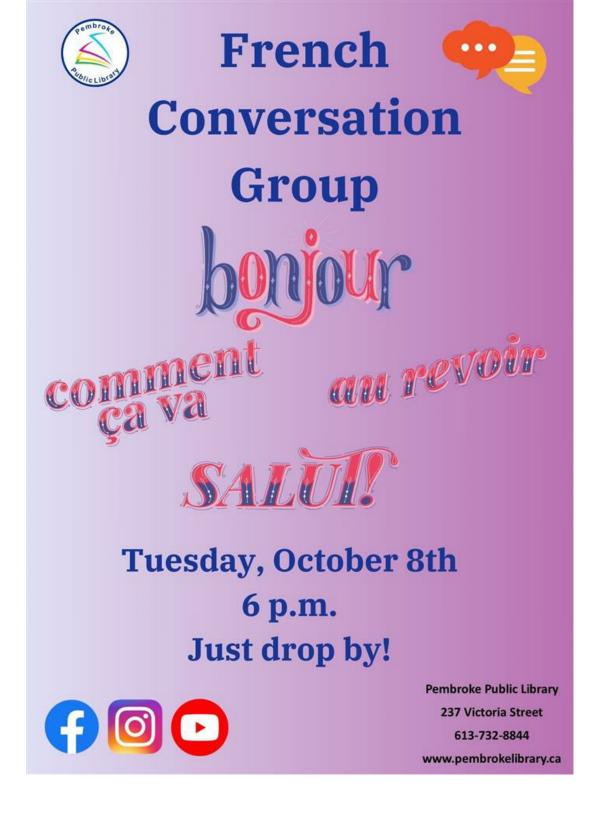
Story Time

Date and Time: Tuesday, October 8 10:30 am - 11:00 am



French Conversation Group

Date and Time: Tuesday, October 8 6:00 pm - 7:00 pm



Wednesday, October 9, 2024

Pembroke Farmers' Market

Date and Time: Wednesday, October 9 9:00 am - 1:00 pm

Address: Corner of Lake Street and Victoria Street

The Pembroke Farmers' Market is the place to buy food and other products directly from local producers who are eager t o provide the freshness and quality you expect.

You'll find all sorts of locally-produced foods – from fruits and vegetables to meats, baked goods, honey, preserves and gluten-free mixes. If you're looking for handcrafted products, the market's artisans offer clothing, jewellery, soaps and sk in care products, furniture, and more. Arts and craft vendors excel with one-of-a-kind creations that are whimsical, functional, and unique.

Produce is locally grown and picked fresh for the market morning. Some of the best bakers and food vendors in the Otta wa Valley showcase their tasty wares prepared with care for your table. Our bakers also keep your special dietary needs in mind – the market has a regular supply of gluten-free, sugar-free, low-sodium, yeast-free, and dairy-free products. Visit t he meat market for an assortment of fresh local cuts for your barbecue, or a custom freezer order of beef, pork, chicken, or sausage.

To register as a vendor, provide volunteer assistance, provide live entertainment, or for more information, please contact the Pembroke Farmers' Market.

More information can be found on the Pembroke Farmers' Market website.

Public Skate - Adult/Senior

Date and Time: Wednesday, October 9 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Wednesday, October 9 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Chair Yoga

Date and Time: Wednesday, October 9 11:00 am - 12:00 pm

Address: 393 Pembroke Street West

White Pine Yoga teaches chair yoga in an inclusive way for all skill and mobility levels to enjoy. All movements will be done while seated in chairs and will be gentle and safe. Beginners are welcome!

Chair Yoga will take place once again on Wednesday's at 11:00 a.m at the PMC. Registration is required.

Session 1: September 25th - October 30th

Session 2: November 6th - December 11th

Fall Craft Nights!

Date and Time: Wednesday, October 9 6:00 pm - 8:00 pm

Address: 393 Pembroke Street West

New this year, The Parks and Recreation Department is partnering with local businesses to bring you Fall Craft Nights!

Each night will feature a different beginner friendly craft led by the very best in the Ottawa Valley. Come out and bring yo ur friends for a night of good laughs and good crafts!

The Schedule

Sept 25	Make a Flower Crown
Oct 9	Decorate Fall Cupcakes
Oct 23	Soy Candle Workshop
Nov 6	Learn to Paint Watercolour
Nov 20	Christmas Greens Workshop
Dec 4	Make Christmas Treats

Thursday, October 10, 2024

English Conversation Group

Date and Time: Thursday, October 10 12:30 pm - 1:30 pm

Address: 237 Victoria Street



ENGLISH CONVERSATION GROUP



Are you a newcomer in Canada? Would you like to practise and improve your English speaking skills?

Join our FREE program at Pembroke Public Library.

We have lovely volunteers to help guide you.

Every Thursday 12:30 - 1:30 p.m.



Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Friday, October 11, 2024

Public Skate - Adult/Senior

Date and Time: Friday, October 11 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Friday, October 11 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

	Service	Fee
Adult		\$28.35

Seniors (55+)/Students (13-17) \$23.10 Children (5-12) \$15.75

Saturday, October 12, 2024

Pembroke Farmers' Market

Date and Time: Saturday, October 12 9:00 am - 1:00 pm

Address: Corner of Lake Street and Victoria Street

The Pembroke Farmers' Market is the place to buy food and other products directly from local producers who are eager to provide the freshness and quality you expect.

You'll find all sorts of locally-produced foods – from fruits and vegetables to meats, baked goods, honey, preserves and gluten-free mixes. If you're looking for handcrafted products, the market's artisans offer clothing, jewellery, soaps and sk in care products, furniture, and more. Arts and craft vendors excel with one-of-a-kind creations that are whimsical, functional, and unique.

Produce is locally grown and picked fresh for the market morning. Some of the best bakers and food vendors in the Otta wa Valley showcase their tasty wares prepared with care for your table. Our bakers also keep your special dietary needs in mind – the market has a regular supply of gluten-free, sugar-free, low-sodium, yeast-free, and dairy-free products. Visit t he meat market for an assortment of fresh local cuts for your barbecue, or a custom freezer order of beef, pork, chicken, or sausage.

To register as a vendor, provide volunteer assistance, provide live entertainment, or for more information, please contact the Pembroke Farmers' Market.

More information can be found on the <u>Pembroke Farmers' Market website</u>.

Pembroke Fire Department Open House

Date and Time: Saturday, October 12 11:00 am - 2:00 pm

Address: 200 International Dr., Pembroke, ON K8A 6W5

To recognize Fire Prevention Week, the Pembroke Fire Department is hosting an open house at the fire station on Octobe r 12 from 11 a.m.-2 p.m., sponsored by the Pembroke Professional Fire Fighters Association.

At the open house, you can enjoy a free barbecue, tours of the fire hall, fire hose stations, fire apparatus and equipment di splays, electronic extinguisher demonstrations, information and giveaways, extrication demonstrations, and a chance to meet the firefighters.

Fire Prevention Week is October 6-12! This year's theme is "Smoke Alarms: Make Them Work for You".

Smoke alarm exchange and information booths are available throughout the week. City of Pembroke residents can exchange a non-working smoke alarm for a new one free of charge (while supplies last). Find the booths:

- Tuesday, October 9: West End Mall (10 a.m.-2 p.m.)
- Wednesday, October 9: Giant Tiger (10 a.m.-2 p.m.)
- Thursday, October 10: Pembroke Mall (10 a.m.-2 p.m.)
- Any time this week at the Pembroke Fire Department (200 International Dr.)

Knitting Circle

Date and Time: Saturday, October 12 2:00 pm - 3:00 pm

Address: 237 Victoria Street



Sunday, October 13, 2024

Date and Time: Sunday, October 13 2:00 pm

Address: 393 Pembroke St. W., Pembroke, ON, K8A 5N5

The City of Pembroke will honour sitting volleyball Paralympic bronze medallist Jolan Wong with a Key to the City to r ecognize her tremendous accomplishments in sport.

Mayor Gervais will present the key to Jolan during the Pembroke Lumber Kings game at the Pembroke Memorial Centre (PMC) Sunday, October 13.

Jolan has had an incredibly successful career in sitting volleyball, achieving bronze medals at the 2015 and 2019 Parapan American Games and a silver medal at the 2022 World Para Volleyball Championship in addition to her bronze medal at the 2024 Paris Paralympics. She has been a member of the national team since 2008 and has competed at many internatio nal competitions. In 2020, she was named ParaSport Ontario's Female Athlete of the Year.

Jolan has played many sports since she was a child, but always had a passion for volleyball. When she was 13, she lost he r right leg to bone cancer. In high school, her standing volleyball coach reached out to Volleyball Canada to see if she wo uld be eligible to try out for the sitting volleyball team. The women's sitting volleyball program was just beginning in Ca nada. She tried out for the squad, fell in love with the sport, and has played ever since.

"Jolan Wong is an inspiration to everyone," says Mayor Ron Gervais. "She works hard not only to be strong on the court, but also be strong in the community, and serve as an incredible role model to everyone around her. I am honoured to recognize and celebrate Jolan."

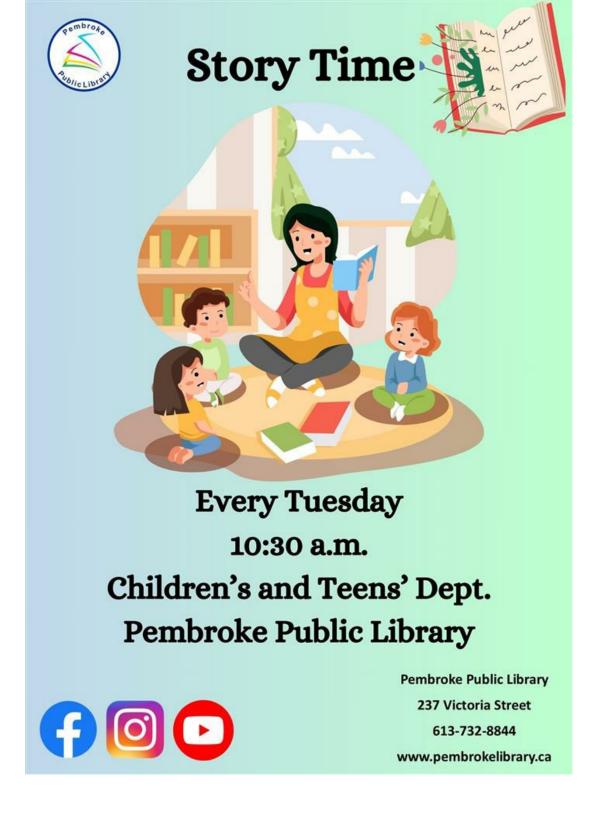
The presentation of a key to an individual by a municipality is the highest honor that can be bestowed. It is a beloved symbol of civic recognition and gratitude reserved for individuals with the highest level of achievement.

The community is invited to come celebrate Jolan at the Lumber Kings game October 13. After her presentation, she will drop the puck to kick off the 2 p.m. game. She will also be available at intermission in the PMC Activity Room for photo s and a meet and greet.

Tuesday, October 15, 2024

Story Time

Date and Time: Tuesday, October 15 10:30 am - 11:00 am



Wednesday, October 16, 2024

Public Skate - Adult/Senior

Date and Time: Wednesday, October 16 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Wednesday, October 16 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Chair Yoga

Date and Time: Wednesday, October 16 11:00 am - 12:00 pm

Address: 393 Pembroke Street West

White Pine Yoga teaches chair yoga in an inclusive way for all skill and mobility levels to enjoy. All movements will be done while seated in chairs and will be gentle and safe. Beginners are welcome!

Chair Yoga will take place once again on Wednesday's at 11:00 a.m at the PMC. Registration is required.

Session 1: September 25th - October 30th

Session 2: November 6th - December 11th

Casual Choir

Date and Time: Wednesday, October 16 6:00 pm - 7:00 pm

Address: 237 Victoria Street, K8A 4K5



English Conversation Group

Date and Time: Thursday, October 17 12:30 pm - 1:30 pm

Address: 237 Victoria Street



ENGLISH CONVERSATION GROUP



Are you a newcomer in Canada? Would you like to practise and improve your English speaking skills?

Join our FREE program at Pembroke Public Library.

We have lovely volunteers to help guide you.

Every Thursday 12:30 - 1:30 p.m.







Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Friday, October 18, 2024

Public Skate - Adult/Senior

Date and Time: Friday, October 18 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Friday, October 18 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17) S	\$23.10

Children (5-12)

\$15.75

Public Skate - Friday Night Public Skates

Date and Time: Friday, October 18 7:00 pm - 8:30 pm

Address: 393 Pembroke Street West

Open to everyone. All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

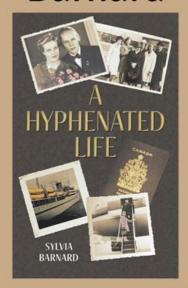
Saturday, October 19, 2024

Author Visit with Sylvia Barnard

Date and Time: Saturday, October 19 11:30 am - 12:30 pm



Author Visit with Sylvia Barnard



Caught between the pressure to be a good Canadian girl, her duty to her immigrant parents, and her own personal desires, Angelika Langer must learn to translate not just the three languages she speaks, but also her own inner voice

Saturday, October 19th 11:30 a.m. Reading Room, Pembroke Public Library







Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Photography in the Park

Date and Time: Saturday, October 19 1:00 pm - 3:00 pm

Address: 393 Pembroke Street West

Snap into Fall!

Join the City of Pembroke's Fall Photography Club for five exciting sessions exploring local parks while learning the bas ics of photography! Each session will begin with a beginner-friendly lesson from photographer Carrie Watson, followed by an open session with Carrie available to answer any questions.

Don't worry if you don't have a camera! There will be DSLR Camera's available for use for all club members to be able to learn the skill! Just make sure to bring your own SD card if you want to keep the photos!

Registration can be done <u>online</u> or in person at the Parks and Recreation Office.

For more information, visit Fall Photography Club - City of Pembroke

Hand Reflexology Workshop

Date and Time: Saturday, October 19 2:00 pm - 3:00 pm

Address: 237 Victoria Street



Hand Reflexology Workshop



A fun, practical and interactive workshop designed to introduce you to the fundamentals of reflexology. Come with a friend to practise on, or practise on your hands.

Saturday, October 19th 2 - 3 p.m.

Meeting Room Call 613-732-8844 or email <u>programs@pembrokelibrary.ca</u>







Pembroke Public Library 237 Victoria Street 613-732-8844

www.pembrokelibrary.ca

90s Trivia

Date and Time: Saturday, October 19 7:00 pm

Address: 955 Pembroke St. E., Pembroke, ON, K8A 3M3

Get ready to dust off your scrunchies, pop in your favorite mixtape, and join us for a totally rad evening of 90s trivia on Saturday, October 19 at 7 p.m. at Legends at Finnigan's in Pembroke (downstairs at Finnigan's Road House). Bring your crew (up to 6 people per team) and show us who knows the most about everything from Friends to Fresh Prince. It's only \$10 per person to play, and you can register by emailing ottawavalleytrivia@gmail.com or messaging us on Facebook.

Awesome 90s-themed prizes are up for grabs, so join us to relive the decade of Tamagotchis, Beanie Babies, and dial-up internet!

While you're there grab dinner with pizza and wings deals from Finnigan's, in addition to whatever else you want to eat or drink.

All ages are welcome, so whether you were jamming to Spice Girls or Nirvana, there's a spot for you.

Don't miss this blast from the past—it's gonna be all that and a bag of chips!

Sunday, October 20, 2024

Public Skate - Sunday Afternoon Public Skating

Date and Time: Sunday, October 20 2:00 pm - 3:30 pm

Address: 393 Pembroke Street West

Open to everyone. All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Monday, October 21, 2024

Public Skate - Adult/Senior

Date and Time: Monday, October 21 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Monday, October 21 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Energy, the Environment and Einstein

Date and Time: Monday, October 21 2:00 pm - 3:00 pm

Address: 237 Victoria Street

Ontario Public Library Week

Energy, the Environment & Einstein

presented by Fred Blackstein



Join retired nuclear engineer Fred Blackstein for a lively,
easily understood discussion of scientific and environmental
issues. Fred has travelled extensively, speaking to
governments, media and the public. He is a Registered
Professional Engineer, Member of The Order of Canada and
former Vice-chair of Algonquin College's Board of Governors.

Monday, October 21st
2 - 3 p.m.
Call 613-732-8844 to register.
Coffee and refreshments will be served!

This session is for the general public., including those who don't have any scientific background.







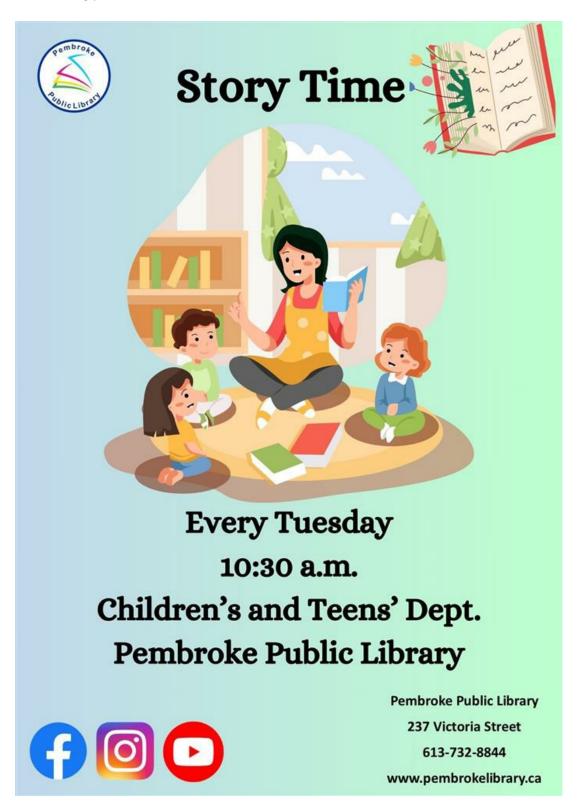
Pembroke Public Library 237 Victoria Street 613-732-8844

www.pembrokelibrary.ca

Tuesday, October 22, 2024

Date and Time: Tuesday, October 22 10:30 am - 11:00 am

Address: 237 Victoria Street



Nala's Kitchen Diwali Cooking Class

Date and Time: Tuesday, October 22 11:30 am - 1:00 pm

COOKING DEMO

Indian cooking demo with Nala's Kitchen

Explore the rich flavours of Indian cuisine and learn something new with this hands on experience.





TUESDAY, OCTOBER 22ND 11:30 AM - 1:30PM

Location: Pembroke Public Library













To register, call 613-732-8844 or email programs@pembrokelibrary.ca

Wednesday, October 23, 2024

Public Skate - Adult/Senior

Date and Time: Wednesday, October 23 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Wednesday, October 23 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Chair Yoga

Date and Time: Wednesday, October 23 11:00 am - 12:00 pm

Address: 393 Pembroke Street West

White Pine Yoga teaches chair yoga in an inclusive way for all skill and mobility levels to enjoy. All movements will be

done while seated in chairs and will be gentle and safe. Beginners are welcome!

Chair Yoga will take place once again on Wednesday's at 11:00 a.m at the PMC. Registration is required.

Session 1: September 25th - October 30th

Session 2: November 6th - December 11th

Fall Craft Nights!

Date and Time: Wednesday, October 23 6:00 pm - 8:00 pm

Address: 393 Pembroke Street West

New this year, The Parks and Recreation Department is partnering with local businesses to bring you Fall Craft Nights!

Each night will feature a different beginner friendly craft led by the very best in the Ottawa Valley. Come out and bring yo ur friends for a night of good laughs and good crafts!

The Schedule

Sept 25	Make a Flower Crown
Oct 9	Decorate Fall Cupcakes
Oct 23	Soy Candle Workshop
Nov 6	Learn to Paint Watercolour
Nov 20	Christmas Greens Workshop
Dec 4	Make Christmas Treats

For more information, visit Fall Craft Nights - City of Pembroke

Spanish Story Time and Day of the Dead Arts and Crafts

Date and Time: Wednesday, October 23 6:00 pm - 7:00 pm



Spanish Story Time and Dia de Les Muertos

Date and Time: Wednesday, October 23 6:00 pm - 7:00 pm



Thursday, October 24, 2024

English Conversation Group

Date and Time: Thursday, October 24 12:30 pm - 1:30 pm



ENGLISH CONVERSATION GROUP

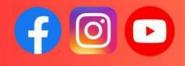


Are you a newcomer in Canada? Would you like to practise and improve your English speaking skills?

Join our FREE program at Pembroke Public Library.

We have lovely volunteers to help guide you.

Every Thursday 12:30 - 1:30 p.m.



Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Service Canada for Newcomers

Date and Time: Thursday, October 24 2:00 pm - 3:00 pm









Service Canada for Newcomers

Settling in a new country can be an exciting, but challenging experience. Our free services are here to help you transition smoothly into everyday life in Canada.

Please join us for a Service Canada "Services for Newcomers" information session.

DATE: October 24th, 2024

TIME: 2:00PM

LOCATION: Board Room, Pembroke Public Library



Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

Friday, October 25, 2024

Public Skate - Adult/Senior

Date and Time: Friday, October 25 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Friday, October 25 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Friday Night Public Skates

Date and Time: Friday, October 25 7:00 pm - 8:30 pm

Address: 393 Pembroke Street West

Open to everyone. All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

ServiceFeeAdult\$28.35Seniors (55+)/Students (13-17) \$23.10Children (5-12)\$15.75

Saturday, October 26, 2024

Fall Rummage Sale - Holy Trinity Anglican Church

Date and Time: Saturday, October 26 8:30 am - 11:00 am

Address: 68 Renfrew st, pembroke on

Fall Rummage sale Happening OCtober 26th at the Holy Trinity Anglican Church, 68 Renfrew st, pembroke. 830 am - 1 1am. Good quality items for bargain prices. Come early for best variety. Elevator available.

Beginner Watercolour Lessons

Date and Time: Saturday, October 26 10:30 am - 12:30 pm

In partnership with Pembroke Public Library

Beginner Watercolour Lessons

Project: Painting with 3 Primaries

Cost: \$25 per person

When: 10:30-12:30 Saturday, Oct. 26th 2024

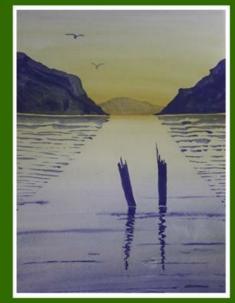
Supplies: Grumbacher Get A Start In Art Watercolour Kit (Kits can be purchased from instructor for \$60, or ask for supplies list at front desk of library to purchase items



individually.)

Juanita Dojczman

Certified Grumbacher
Instructor



Registration Required.
Please Register with Teacher.
Max 10 Students per Class.
For more info call 613-504-2722







Pembroke Public Library 237 Victoria Street Pembroke, Ontario 613-732-8844 www.pembrokelibrary.ca

Photography in the Park

Date and Time: Saturday, October 26 1:00 pm - 3:00 pm

Address: 393 Pembroke Street West

Snap into Fall!

Join the City of Pembroke's Fall Photography Club for five exciting sessions exploring local parks while learning the bas ics of photography! Each session will begin with a beginner-friendly lesson from photographer Carrie Watson, followed by an open session with Carrie available to answer any questions.

Don't worry if you don't have a camera! There will be DSLR Camera's available for use for all club members to be able to learn the skill! Just make sure to bring your own SD card if you want to keep the photos!

Registration can be done online or in person at the Parks and Recreation Office.

For more information, visit Fall Photography Club - City of Pembroke

Qigong Workshop

Date and Time: Saturday, October 26 2:00 pm - 3:00 pm

Address: 237 Victoria Street



Pembroke Public Library October 26 | 2pm - 3pm

Qigong - health oriented movement which combines breathing, bodyposture, and meditation.





Qigong with Suli

Date and Time: Saturday, October 26 2:00 pm - 3:00 pm

Qigong with Suli for Parents & Kids

Pembroke Public Library October 26 | 2pm - 3pm

Qigong - health oriented movement which combines breathing, bodyposture, and meditation.





Sunday, October 27, 2024

Public Skate - Sunday Afternoon Public Skating

Date and Time: Sunday, October 27 2:00 pm - 3:30 pm

Address: 393 Pembroke Street West

Open to everyone. All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Monday, October 28, 2024

Public Skate - Adult/Senior

Date and Time: Monday, October 28 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Monday, October 28 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service Fee

Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Chamber Connect Open House

Date and Time: Monday, October 28 3:00 pm - 4:30 pm

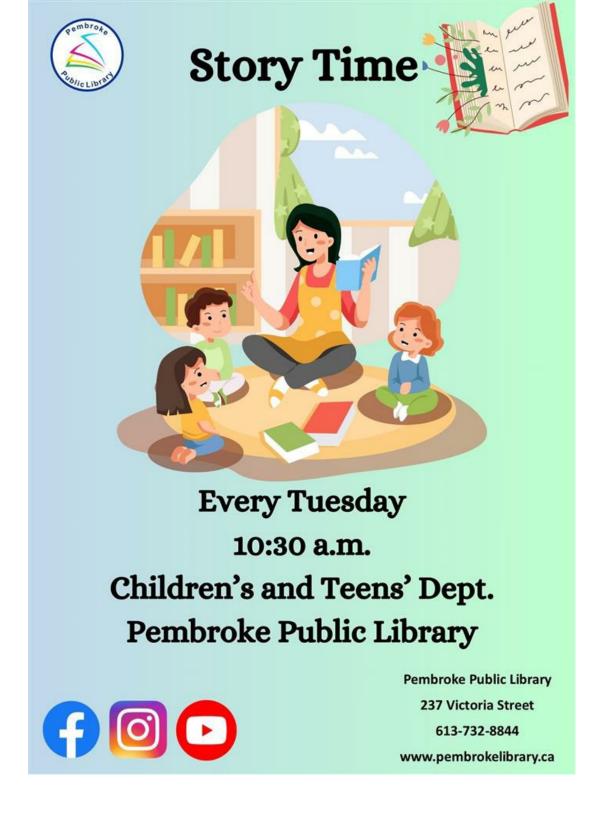
Address: 177 Alexander St.

The Upper Ottawa Valley Chamber of Commerce invites you to its monthly Chamber Connect open house. This drop-in t ime is available for new member business orientation, interested business leaders to learn more about the chamber, and c urrent members to discuss how the Chamber can best serve the business community. Join the Chamber for coffee and lig ht refreshments and to connect with its staff and Board of Directors.

Tuesday, October 29, 2024

Story Time

Date and Time: Tuesday, October 29 10:30 am - 11:00 am



Mastering Business Finances Lunch and Learn Series

Date and Time: Tuesday, October 29 12:00 pm - 1:00 pm

Address: 1 Pembroke St. E.

Boost your business financial skills with our lunch and learn series!

The City of Pembroke and Renfrew County Community Futures Development Corporation are excited to invite local bu siness owners and managers to an insightful lunch and learn series designed for businesses aiming to enhance their financial acumen.

Session 1: Budgeting for Success

☐ Monday, September 9

Learn how to set realistic financial goals, track expenses, and adjust your budget to stay on course.

Session 2: Mastering Cash Flow

□ Wednesday, October 2

Discover key principles of cash flow management, forecasting, and how to ensure your business has the liquidity it needs

Session 3: Navigating Financial Statements

☐ Tuesday, October 29

Gain a deeper understanding of financial statements to make informed decisions about your business's financial health.

Learn from financial expert Mike Thompson, Community Futures Business Development Officer.

Location: Council Chambers at Pembroke City Hall (1 Pembroke St. E.)

Time: 12-1 p.m.

Cost: FREE! Bring your own lunch and enjoy learning and networking.

Don't miss out on this valuable opportunity to gain insights that can help your business thrive! While each session builds on the last, you can still benefit from attending any of them.

Register today and take your business's financial skills to the next level!

Wednesday, October 30, 2024

Public Skate - Adult/Senior

Date and Time: Wednesday, October 30 9:30 am - 10:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Public Skate - Parents and Tot's Session

Date and Time: Wednesday, October 30 10:30 am - 11:30 am

Address: 393 Pembroke Street West

All Public Skates happen at the Pembroke Memorial Centre (393 Pembroke Street West).

Public Skating Drop in Fee

Service	Fee
Adult	\$3.95
Seniors (55+)/Students (13-17)	\$3.40
Children (5-12)	\$2.10

Public Skating Season Pass

Service	Fee
Adult	\$28.35
Seniors (55+)/Students (13-17)	\$23.10
Children (5-12)	\$15.75

Chair Yoga

Date and Time: Wednesday, October 30 11:00 am - 12:00 pm

Address: 393 Pembroke Street West

White Pine Yoga teaches chair yoga in an inclusive way for all skill and mobility levels to enjoy. All movements will be done while seated in chairs and will be gentle and safe. Beginners are welcome!

Chair Yoga will take place once again on Wednesday's at 11:00 a.m at the PMC. Registration is required.

Session 1: September 25th - October 30th

Session 2: November 6th - December 11th

Thursday, October 31, 2024

English Conversation Group

Date and Time: Thursday, October 31 12:30 pm - 1:30 pm



ENGLISH CONVERSATION GROUP



Are you a newcomer in Canada? Would you like to practise and improve your English speaking skills?

Join our FREE program at Pembroke Public Library.

We have lovely volunteers to help guide you.

Every Thursday 12:30 - 1:30 p.m.







Pembroke Public Library 237 Victoria Street 613-732-8844 www.pembrokelibrary.ca

https://calendar.pembroke.ca